



2003 Juniata Valley Football League

5 / 6 Flag Football Schedule



<u>DATE</u>	<u>TIME</u>	<u>FIELD</u>	<u>Game 1</u>	<u>Game 2</u>	<u>Game 3</u> 10:45am
September 6	10:00am	Little Mingoies	Black / Grey	Red / Green	Blue / White
September 13	10:00am	Belltown	White / Green	Blue / Grey	Black / Red
September 20	10:00am	Derry Decatur	Red / Blue	Black / Green	White / Grey
September 27	10:00am	Terrace	Grey / Red	White / Black	Green / Blue
October 4	10:00am	McVeytown	Blue / Black	White / Red	Grey / Green
October 11	10:00am	Kish	Black / Red	Blue / Grey	White / Green
October 18	7:00pm	Lewistown	Red / Green **6:00PM	Black / Grey **6:00PM	Blue / White **6:45PM

JVFL 5/6 Year Old Flag Football Rules

- Players from 5-6 years of age before Dec. 31
- Saturday games only, home organization will be responsible for concessions.
- 1 practice per week only, no longer than 2 hours.
- 7 man teams on the field : Center, QB, and the remaining 5 will be RB and Receivers.
- There must be a snap count and a center exchange with the QB.
- Must play rule will be enforced, all children will play.
- 4 quarters with a 15 minute running clock will be played, with a 10 minute half-time.
- The field will be divided at the 40 yard line, with games being played at each ends of the fields.
- A coin toss will determine with team will take offense first.
- First possession will begin at the 35 yard line, teams will be allowed 10 plays to score.
- If a team does not score in 10 plays, the other team will take over possession at the 35 yard line.
- Dead Balls : Any fumble or interception will be blown dead, back to original line of scrimmage, and be counted towards one of the offensive plays.
- Defense will play a "man to man", no double teaming or blitzing.
- No score will be kept.
- Coaches or Assistants will Referee all games.
- 1 Coach will be permitted on the field, both offense and defense, with their teams.
- Sneakers only, no cleats.
- Tripping, pushing or tackling will result in a 5 yard penalty.
- First Aid Kits will be mandated by each team at all practices and games.